

Embodied Energy Chart

Prepared for Alex Rivera (example)
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Summary

A short, spoken-length summary sits here in a real reading — the part that gets narrated and emailed.

Your chart at a glance

Type: Manifesting Generator

the Quick Builder — responsive power that also initiates

Your type is the broad shape of how your energy is built to work — where it comes from and how it's meant to be used.

Profile: 6/2

Line 6 aware (the one who becomes the example) over line 2 built-in (the natural left alone) — lives in chapters — trial early, a watching stretch in the middle, then a settled authority that others read from

Two numbers, one from each of the two moments the chart is cast from. Together they describe how you learn and how others tend to meet you.

How you're built to engage: respond, then inform

respond first, then tell the people your move will land on — the informing is what keeps the speed from costing you

The way this design is built to meet the world — the move that tends to go well, rather than a rule.

Inner compass: the emotional wave — clarity comes with time, never in the moment

Where a reliable yes or no comes from for you. Not the loudest voice, but the one that turns out to have been right.

When it's working: satisfaction, with peace when you remembered to tell people

What it feels like when you're living the design well — the sign you're on track.

When it isn't: Frustration, with anger close behind

frustration points at something begun without a response; the anger usually points at somebody you skipped telling

The feeling that reliably shows up when you aren't. More useful than the signature, because it's easier to notice.

Definition: Split — 5 defined centres

How many separate pieces your defined centres form. Single means it's all one connected run.

Life theme: Left angle — 22/47 | 11/12

this life's material arrives through other people — the meetings, and what they ask of you, are the plot rather than the setting

The four gifts on the Sun and Earth of both moments — the material this life keeps returning to.

Defining gift: Gift 22 — grace and openness of mood

The gift on your aware Sun: the single activation most often used to characterise a chart.

Quarter: The quarter of initiation

purpose that arrives as thought — the material of this life is worked out by understanding it, and the urge is to grasp something and pass it on

Which quarter of the wheel your defining gift falls in — the broad flavour of what the life is FOR.

Godhead: Mitra

the face of the pact — meeting others on terms both can actually keep

The mythic face traditionally attached to that stretch of the wheel. Colour, not mechanics.

Wiring: 3 channels · 20 gifts lit

How much of the chart is switched on: channels are complete connections, gifts are single activations.

20 gifts lit in this chart

Gift 3 — ordering new beginnings
Gift 5 — steady rhythms and waiting
Gift 6 — friction that deepens intimacy
Gift 8 — offering your contribution
Gift 10 — how you carry yourself
Gift 11 — a stream of ideas
Gift 12 — the caution before speaking
Gift 14 — resources gathered by loving work
Gift 17 — opinions that organise
Gift 22 — grace and openness of mood
Gift 23 — stripping things to essentials
Gift 26 — the persuasive accumulator
Gift 28 — risking for a life that matters
Gift 34 — raw independent power
Gift 41 — the dreaming that starts cycles
Gift 42 — carrying things to completion
Gift 43 — sudden inner knowing
Gift 47 — making sense of what pressed down
Gift 49 — principles and revolutions
Gift 54 — ambition that climbs

About this document

This PDF is deliberately fuller than the version you read on screen. Alongside your reading it carries a short primer on how the chart is built, an introduction to each section explaining what that part of the chart is in general terms, and the complete workings — every gate, the moment it was read from, and what each planet contributed.

The idea is that this document stands on its own. You should be able to open it in a year, having forgotten every term in it, and still follow the argument from first principles without going back online.

Before you start: how this chart is built

You do not need to know any of this to read what follows — the reading is written in plain English. But the chart behind it is unusual, and a few minutes here makes the rest considerably more interesting.

Held lightly

What follows is a modern synthesis. The tradition it draws on was assembled in 1987, not excavated from antiquity, and no part of it is scientifically established. That is not a reason to dismiss it — it is a reason to hold it the right way round: as a carefully engineered instrument for reflection, a set of questions about where your energy is consistent and where you are porous to the people around you.

Nothing in this document is a measurement, a diagnosis or a verdict. It is a mirror. Test it against your own experience over a few weeks, keep what fits and put down what does not.

Two moments, not one

Almost every chart you will ever be shown is cast for a single moment: your birth. This one is cast for two. The first is birth itself — the side of you that you know from the inside. The second is the moment the Sun sat exactly 88 degrees of arc earlier along the zodiac, which works out at roughly 88 days before you were born.

That second moment is the strange and distinctive part, and it is worth being precise about what it is: it is an ordinary chart, cast for an instant we solved for, run through exactly the same calculations as the first. It is measured in ARC, not days — 88 degrees of the Sun's travel, which is why the date is never quite 88 days back.

Both sets of positions are plotted onto one diagram. Where they agree, a theme is doubly evidenced. Where they diverge, you have something no single chart can give you: the same calculation, run twice, with different answers.

Sixty-four gates

The zodiac is divided into 64 segments called gates, one for each hexagram of the I Ching, each a little under six degrees wide. Every planet, in both moments, falls into one of them and lights it up. If a zodiac sign is a country, a gate is a village — the chart reads the sky at a far finer grain than sign alone, and each gate carries a theme inherited from its hexagram.

Each gate is further divided into six lines, which is why an activation is written as a pair — gate 36 line 2, say. The line adds the flavour, and because lines are narrow, some of them need a birth time known to the minute before they can be trusted.

Nothing is cast, drawn or shuffled at any point. The I Ching contributes the numbering and the imagery of the 64 gates; it contributes no divination. Every value in this document was calculated from two fixed moments in time.

Nine centres, and the channels between them

The gates feed a body-shaped diagram of nine centres — for pressure, mind, expression, identity, will, emotion, instinct, and so on. Particular pairs of gates form channels running between two centres.

Here is the mechanism that decides almost everything else: when BOTH ends of a channel are lit — from either moment, in any combination — the channel completes, and the two centres it joins become DEFINED. A defined centre is read as energy that works the same way in you consistently, year after year. An open centre is read as somewhere you take in and amplify whatever the room is carrying.

Open is not a weakness and should never be read as one. It is the most conditioned part of the chart and usually the wisest once you can see it working — it is where most people recognise themselves.

A gate lit at one end only completes nothing. Those half-circuits matter more than they sound: they are the themes that are live in you but never quite finish on their own, and they are where you tend to be drawn to people who carry the other half.

The four arrows

Four further settings are read from the finest divisions of all: how you take things in, where you do your best work, what actually moves you, and what you naturally watch for. They are the most immediately practical part of the chart.

Two of the four are read from the Sun, which moves through one of these divisions every few hours, and two from the lunar nodes, which move over days. That is why a birth time that is even slightly rough can give you one pair and not the other — and when the time is not good enough, we withhold rather than guess. A fabricated answer here would be worse than none.

What the numbers in the tables are

Several tables in this document carry figures. None of them are measurements. Each is a tally of how much of a chart's symbolism points toward a particular theme, scored against a keyword vocabulary we wrote and weighted by how prominent the relevant planet is in that chart.

Affirming and denying totals are kept apart deliberately, rather than netted off: a theme with a lot of both is genuinely pulled in two directions, and a single figure would hide that. A sources count tells you how many different parts of the chart contributed, so a theme resting on one factor can be told from one resting on six.

Full Reading

This is a sample document built from an invented birth moment, to show what an Embodied Energy PDF contains. The reading text below is illustrative and deliberately brief; a real one runs several times this length and is written for you, in the voice of the reader you choose.

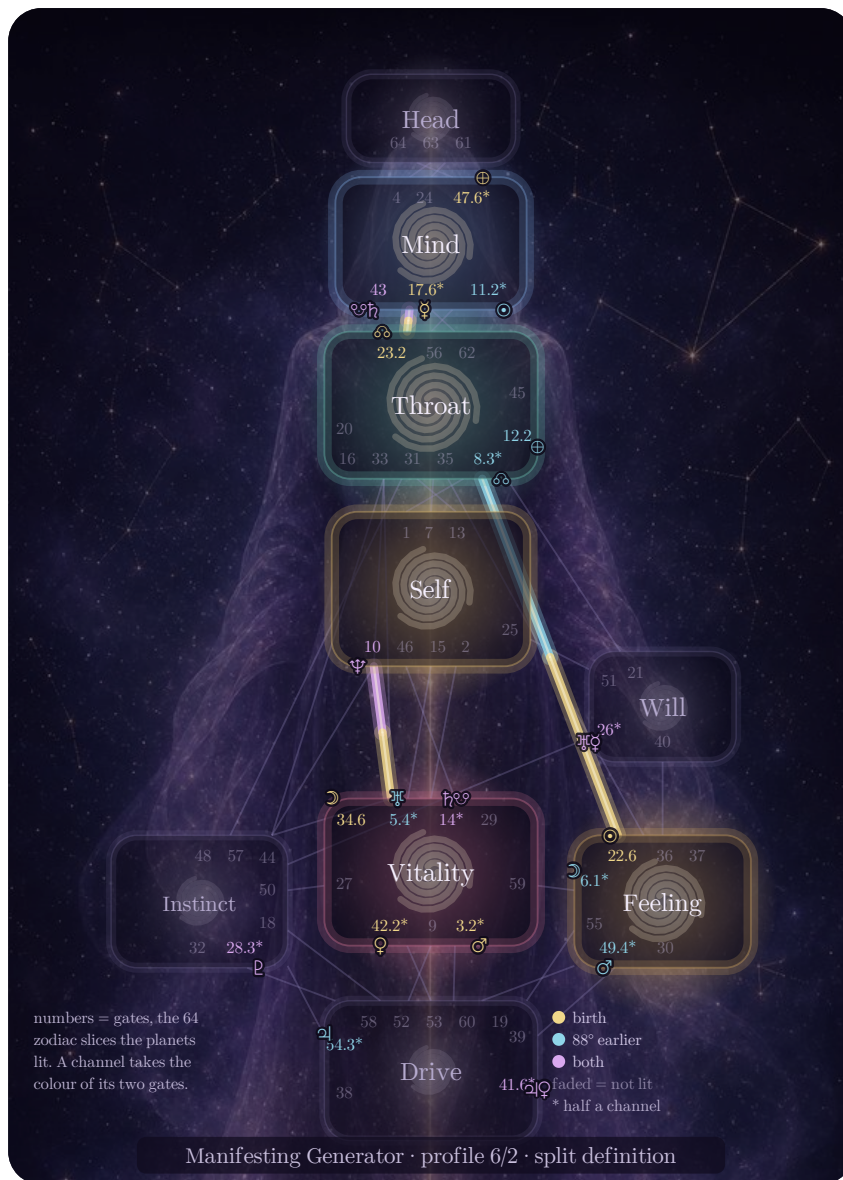
You are built with a small, firm core and a wide-open edge. Two centres carry definition and hold steady whatever the week is doing; the rest of the chart takes its colour from the room. That combination tends to read from outside as consistency, and from inside as something closer to weather — which is the gap this reading spends most of its time on.

The most useful thing in the pages that follow is not any single value. It is the comparison across the two moments: where the same calculation, run twice, gives two different answers, and what those divergences suggest about the difference between how you experience yourself and how you land on other people.

The two sides

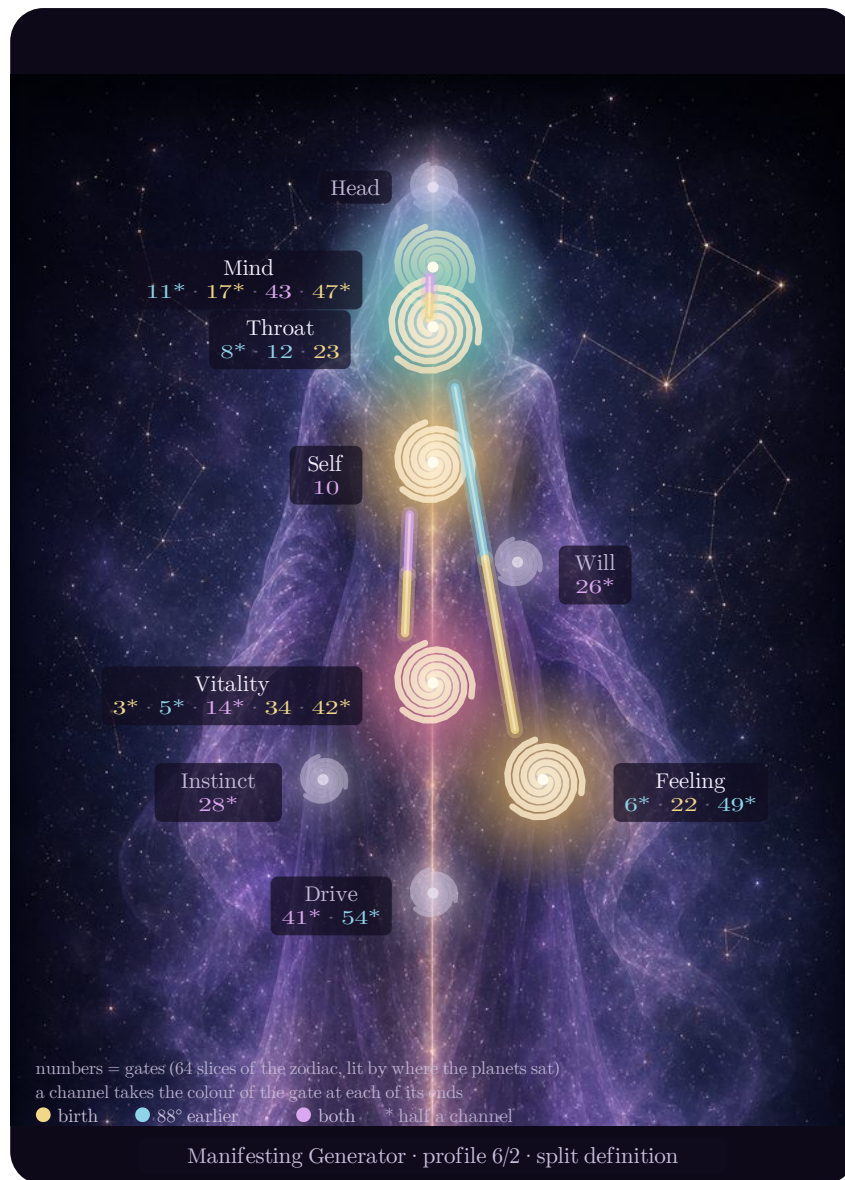
Every chart in this reading is built from two moments — your birth, and the moment the Sun sat 88° of arc earlier. This section is about what that actually means: why a chart would reach for a moment before birth at all, what the two sides are taken to represent, and how yours are divided between them.

It is the foundation for everything that follows. The gates, the centres, the channels and the arrows are all read across both moments, so it is worth reading this one first.



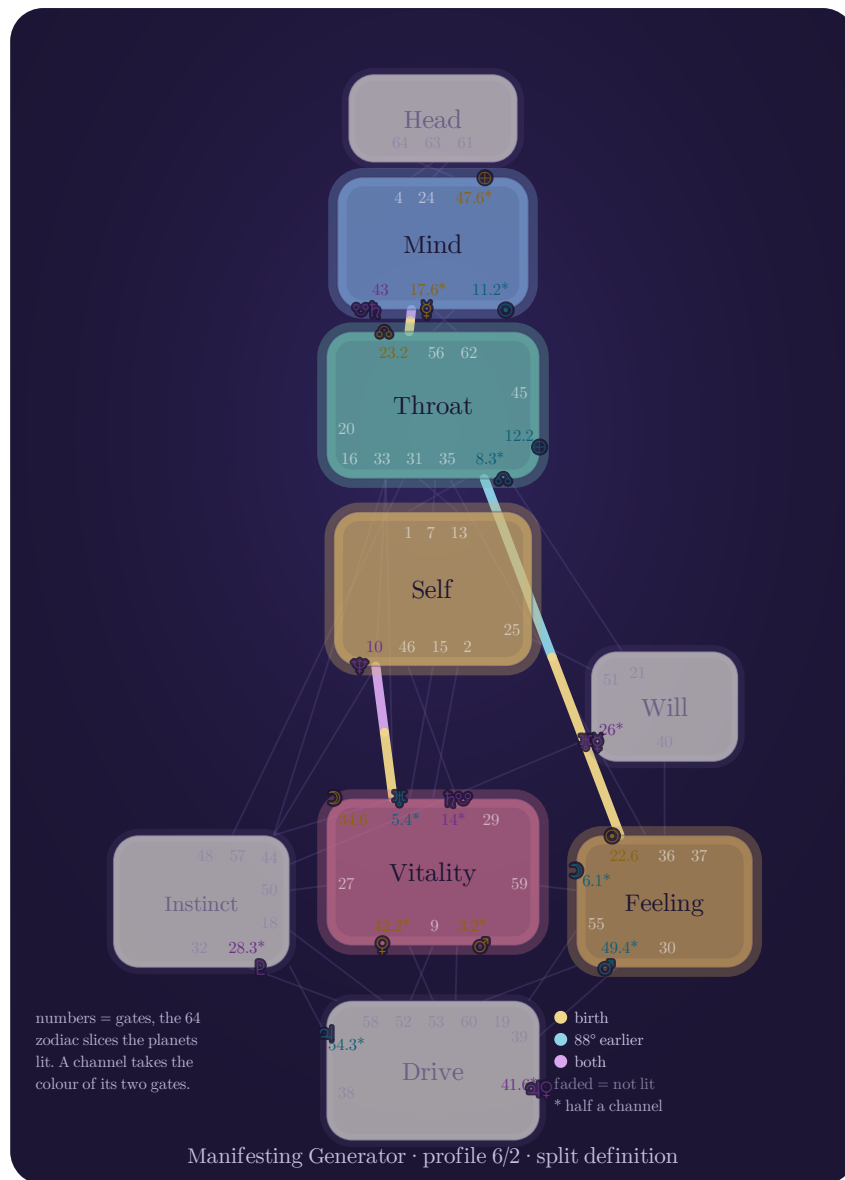
How to read the bodygraph

- The nine shapes are centres. A FILLED centre works the same way in you all the time — reliable ground you can lean on. An OPEN (unfilled) centre takes its colour from whoever you are with: it is where you are most influenced, and most perceptive.
- The numbers around each centre are GATES — 64 slices of the zodiac, each with its own theme, switched on by a planet sitting in that slice.
- Colour says WHICH of the two moments lit a gate: one colour for the birth moment (the side you would recognise as yourself), the other for the moment about three months earlier (the side that simply runs, that others often see before you do). A gate lit by both is doubly emphasised.
- A line joining two gates is a CHANNEL, and a channel is what fills the centres at either end. That is the whole mechanism — nothing else on the chart fills a centre.



The same chart, as energy centres

- The identical chart drawn on the figure's own anatomy, with each centre as a glowing swirl whose size grows with the number of channels feeding it.
- This drawing shows the SHAPE of a design at a glance — where the weight sits, what is lit and what is open. It cannot carry all 64 gate numbers (the head, brow and throat sit too close together on a body), so it names only the gates you actually have.



The same chart, as a schematic

- The identical chart with the artwork stripped away — the clearest of the three to read numbers from, and the one to use when checking a claim against the activation table.
- Nothing is added or removed between the three drawings. If two of them seem to disagree, the activation table at the back of this document settles it.

Example section. Your chart is cast twice: once for the birth moment, and once for the moment the Sun sat 88° of arc earlier. In this example the two moments light substantially different gates, which is common and is the reason a two-moment chart is worth the extra arithmetic — a single chart simply cannot show you a difference it has nothing to compare against.

How this chart was worked out

Each gate is read from a planet's exact position. The built-in side is a second chart cast for 1984-12-15 — the moment the Sun sat exactly 88° of arc before its birth position.

Point	Aware side (birth)	Built-in side (88° earlier)
Sun	21°45' Pisces · 22.6	23°45' Sagittarius · 11.2
Earth	21°45' Virgo · 47.6	23°45' Gemini · 12.2
Moon	04°51' Sagittarius · 34.6	22°42' Virgo · 6.1
North Node	19°57' Taurus · 23.2	27°09' Taurus · 8.3
South Node	19°57' Scorpio · 43.2	27°09' Scorpio · 14.3
Mercury	08°55' Aries · 17.6	21°28' Sagittarius · 26.5
Venus	22°15' Aries · 42.2	07°31' Aquarius · 41.6
Mars	27°57' Aries · 3.2	22°34' Aquarius · 49.4
Jupiter	07°18' Aquarius · 41.6	17°42' Capricorn · 54.3
Saturn	28°06' Scorpio · 14.4	23°02' Scorpio · 43.5
Uranus	17°56' Sagittarius · 26.1	14°23' Sagittarius · 5.4
Neptune	03°27' Capricorn · 10.6	00°51' Capricorn · 10.3
Pluto	04°24' Scorpio · 28.3	03°56' Scorpio · 28.3

Read as position · gate.line. A channel completes when both of its gates are lit from either side; the centres it joins then become defined.

What each planet contributes

carries most of the chart

the Sun

what this life is fundamentally about — the note everything else is tuned to. If one gate explains someone, it is usually this one

- At birth** gate 22.6 — grace and openness of mood
line 6, the one who becomes the example: lived in chapters — trial first, then a stretch of watching from a distance, then a settled authority others read from.
- 88° earlier** gate 11.2 — a stream of ideas
line 2, the natural left alone: with a knack for it that works best unwatched — and someone will notice anyway and call it out of the quiet.

the Earth

what steadies that and keeps it on the ground. Always exactly opposite the Sun, and it works like ballast: the thing that stops the Sun's theme running away with itself

- At birth** gate 47.6 — making sense of what pressed down
line 6, the one who becomes the example: lived in chapters — trial first, then a stretch of watching from a distance, then a settled authority others read from.
- 88° earlier** gate 12.2 — the caution before speaking
line 2, the natural left alone: with a knack for it that works best unwatched — and someone will notice anyway and call it out of the quiet.

shapes a lot of it

the North Node

the direction of travel — what life keeps steering toward, and what tends to feel like the right room to be walking into, especially from the middle of life onward

- At birth** gate 23.2 — stripping things to essentials
line 2, the natural left alone: with a knack for it that works best unwatched — and someone will notice anyway and call it out of the quiet.
- 88° earlier** gate 8.3 — offering your contribution
line 3, the one who finds out by trying: found by trying it. What doesn't work is the method here rather than a failure of it, and the false starts are how the ground gets mapped.

the South Node

the ground already known — familiar, competent, and where the earlier part of life is usually spent before the pull of the other end takes over

- At birth** gate 43.2 — sudden inner knowing
line 2, the natural left alone: with a knack for it that works best unwatched — and someone will notice anyway and call it out of the quiet.
- 88° earlier** gate 14.3 — resources gathered by loving work
line 3, the one who finds out by trying: found by trying it. What doesn't work is the method here rather than a failure of it, and the false starts are how the ground gets mapped.

colours the edges

the Moon

what drives, restlessly — the motive that keeps returning whether or not it has been satisfied

- At birth** gate 34.6 — raw independent power
line 6, the one who becomes the example: lived in chapters — trial first, then a stretch of watching from a distance, then a settled authority others read from.
- 88° earlier** gate 6.1 — friction that deepens intimacy
line 1, the one who needs solid ground: approached by going to the bottom of it first. The groundwork is not delay here; it is what makes everything built on top of it safe.

Mercury

what wants saying — the subject someone finds themselves explaining, teaching or arguing about without deciding to

- At birth** gate 17.6 — opinions that organise
line 6, the one who becomes the example: lived in chapters — trial first, then a stretch of watching from a distance, then a settled authority others read from.

88° earlier gate 26.5 — the persuasive accumulator
line 5, the one others project onto: and people expecting you to have the answer to it, often before they have asked. What is projected here is rarely quite what is on offer.

Venus

what is valued and found beautiful — taste, and the quiet moral sense of what is worth having

At birth gate 42.2 — carrying things to completion
line 2, the natural left alone: with a knack for it that works best unwatched — and someone will notice anyway and call it out of the quiet.

88° earlier gate 41.6 — the dreaming that starts cycles
line 6, the one who becomes the example: lived in chapters — trial first, then a stretch of watching from a distance, then a settled authority others read from.

Mars

where the energy is forceful and, early on, clumsy — the place someone pushes too hard before learning the measure of it

At birth gate 3.2 — ordering new beginnings
line 2, the natural left alone: with a knack for it that works best unwatched — and someone will notice anyway and call it out of the quiet.

88° earlier gate 49.4 — principles and revolutions
line 4, the one who moves through people: carried along the relationships already in place. The next opening in it tends to arrive through someone known rather than from a search.

Jupiter

where things tend to go well — the territory where effort is rewarded more generously than it strictly deserves

At birth gate 41.6 — the dreaming that starts cycles
line 6, the one who becomes the example: lived in chapters — trial first, then a stretch of watching from a distance, then a settled authority others read from.

88° earlier gate 54.3 — ambition that climbs
line 3, the one who finds out by trying: found by trying it. What doesn't work is the method here rather than a failure of it, and the false starts are how the ground gets mapped.

Saturn

where the discipline is, and the correction — the theme that keeps someone honest by refusing to be easy

At birth gate 14.4 — resources gathered by loving work
line 4, the one who moves through people: carried along the relationships already in place. The next opening in it tends to arrive through someone known rather than from a search.

88° earlier gate 43.5 — sudden inner knowing
line 5, the one others project onto: and people expecting you to have the answer to it, often before they have asked. What is projected here is rarely quite what is on offer.

Uranus

where someone is genuinely unusual — the part that doesn't run to anyone else's pattern and shouldn't be filed down

At birth gate 26.1 — the persuasive accumulator
line 1, the one who needs solid ground: approached by going to the bottom of it first. The groundwork is not delay here; it is what makes everything built on top of it safe.

88° earlier gate 5.4 — steady rhythms and waiting
line 4, the one who moves through people: carried along the relationships already in place. The next opening in it tends to arrive through someone known rather than from a search.

Neptune

where the view is veiled — the theme hardest to see clearly about oneself, and easiest to romanticise

At birth gate 10.6 — how you carry yourself
line 6, the one who becomes the example: lived in chapters — trial first, then a stretch of watching from a distance, then a settled authority others read from.

88° earlier gate 10.3 — how you carry yourself
line 3, the one who finds out by trying: found by trying it. What doesn't work is the method here rather than a failure of it, and the false starts are how the ground gets mapped.

Pluto

where the truth gets told eventually — the theme that strips things back, generally without asking permission

At birth	gate 28.3 — risking for a life that matters <i>line 3, the one who finds out by trying: found by trying it. What doesn't work is the method here rather than a failure of it, and the false starts are how the ground gets mapped.</i>
88° earlier	gate 28.3 — risking for a life that matters <i>line 3, the one who finds out by trying: found by trying it. What doesn't work is the method here rather than a failure of it, and the false starts are how the ground gets mapped.</i>

How to read this appendix

- Each planet is read twice — once at birth, once at the moment the Sun sat 88° of arc earlier — so most appear in two different gates. That is not an error; it is the whole two-sided idea.
- They are listed in order of how much they carry. The first few explain far more of a chart than the last few, which is worth knowing before you read anything into a Neptune gate.
- A gate is the theme; the line is the flavour of how it tends to play out. Neither is a prediction — they are descriptions to hold against your own experience and keep only what fits.

The four arrows

Four practical settings, read from the finest divisions in the chart: how you take things in, where you do your best work, what actually moves you, and what you naturally watch for.

Two are read from the Sun and two from the lunar nodes, which is why a rough birth time can give you one pair and not the other. Anything that could not be read to an honest standard is withheld and says so. Treat all four as prompts to test over a week or two, never as instructions.

Example section. The four arrows are the most immediately practical part of the chart: how you take things in, where you do your best work, what actually moves you, and what you naturally watch for. Two of them are read from the Sun and shift every few hours, which is why a birth time that is even slightly rough gets you two of the four rather than a confident guess at all of them.

Traits across the two moments

Almost every chart you will ever be shown is cast for one moment. This one is built from two — your birth, and the moment the Sun sat 88° of arc before its birth position — and once you have two moments you can do something no single chart allows: run the same reading twice and compare the results. That comparison is what this section is, and as far as we know nobody else does it.

It is a deliberate departure from the traditional approach. The tradition treats the two moments as two halves of one portrait and leaves it there. We go a step further and diff them, because the trait vocabulary this product is built on gives us something to diff WITH — and because the gap between the two is more useful than either side on its own.

Read the first table as shared ground. A theme that both charts carry is the best-evidenced thing in the whole reading, and broadly it is the part of you that both you and the people around you would name if asked. Because two charts' worth of evidence is stacked in them, these themes also carry the biggest numbers — so do not read the smaller figures in the other two tables as though they mattered less. That gap is arithmetic, not meaning.

Inside that shared ground, the useful column is the shift: how far a theme moved between the two moments, as a percentage of where it sat in the earlier one. Where the two diverge most is where a little deliberate attention tends to repay the most, and it can run either way. Sometimes the work is helping other people see a difference you already feel; sometimes it is recognising that a difference is visible to them and not to you — and if you are honest, you probably already have an inkling of which is which, because these are usually the areas where friction shows up. Those are the sweet spots.

The second table is what is clear to you and missed by others. Think of it as their blind spot about you: parts of your make-up that people tend not to register, or quietly set aside because they do not seem to fit the rest. There is not always much to be done here. You can point gently at the ones that matter to you, but accept that you may get nowhere, and try not to let something this obvious to you turn into anger when it is invisible to everyone else. It is not a fault in them and it is not a fault in you.

The third table is the harder one: what reads from outside while you are the last to know. Borrowing Jung's word, this is shadow material — the parts you are most likely to deny needing to own at all. Take these slowly. They are not a to-do list and going at them head-on rarely works; make them a softer, longer-running part of how you pay attention, and be aware you may be bringing one into a room without meaning to. Nothing in this table is an accusation, and none of it is a verdict.

None of this is measured or tested. Every number is a tally of how much of a chart's symbolism points toward a theme, on a vocabulary we wrote — a mirror to hold up and test against your own experience over a few weeks, and to put down where it does not fit.

In both charts — shared ground

Carried by the birth chart and the 88°-earlier chart alike: the best-evidenced themes here, and broadly the ones both you and the people around you would recognise. The interesting column is the shift. Where the two moments diverge most is where a little deliberate work tends to repay the most — either by helping others see a difference you already feel, or by noticing one they can see and you cannot. These are the sweet spots.

Theme	88° earlier	Birth	Shift	88° earlier		Birth	
				Affirming	Denying	Affirming	Denying
initiating	1.4	8.5	+500%+	1.8	0.0	35.9	0.0
relaxed (pulling both ways)	-1.8	2.3	+232%	1.6	4.7	10.0	4.7
altruistic	2.2	7.2	+225%	4.9	0.0	25.7	0.0
creative	5.9	17.3	+194%	11.5	0.0	49.8	0.0
curious	6.0	16.6	+178%	17.9	0.0	69.2	0.0
direct	4.2	11.6	+175%	8.9	0.0	36.8	3.2
truth-seeking	2.8	7.2	+153%	8.1	0.0	17.3	0.0
spiritual	3.3	7.1	+111%	11.2	0.0	25.0	0.0
practical (pulling both ways)	15.7	-1.4	-109%	61.5	0.0	4.8	5.8
compassionate	6.9	14.1	+105%	15.9	0.0	40.0	0.0
stable (pulling both ways)	20.8	-0.5	-102%	78.3	6.3	15.8	15.9
assertive	9.2	18.2	+97%	22.9	5.9	55.0	0.0
authentic	2.0	3.9	+92%	4.2	0.0	7.7	0.0
resourceful	12.8	1.4	-89%	32.9	0.0	1.8	0.0
adaptable	13.1	23.7	+81%	42.4	8.1	93.3	0.0
diplomatic	3.0	5.4	+81%	7.8	3.3	14.4	0.0

patient	12.0	2.5	-79%	38.6	2.7	9.7	8.1
sensual	11.5	2.4	-79%	44.0	0.0	6.0	0.0
private	1.6	2.8	+76%	2.5	0.0	3.9	0.0
distinctive	3.3	5.5	+69%	5.3	0.0	10.1	0.0

Only in the 88°-earlier chart — your own blind spots

Present in the earlier moment and not at birth. These behave like shadow material: things that read clearly from outside while you are the last to know, and the ones you are most likely to deny outright. They are the hardest of the three and the slowest to shift, so do not go at them head-on and do not beat yourself up over them — make them a softer, longer-running part of your practice. Mostly it is enough to notice that you may be bringing one into a situation without meaning to.

Theme	Net	Affirming	Denying	Sources
struggling	5.8	33.9	0.0	1
restless	5.5	15.0	0.0	2
aesthetic	2.7	7.4	0.0	1
reliable	2.5	6.3	0.0	1
reciprocal	2.4	5.8	0.0	1
strategic	2.4	5.8	0.0	1
appreciative	2.3	5.3	0.0	1
image-conscious	2.3	5.2	0.0	1
playful	2.2	5.0	0.0	1
pure	2.2	5.0	0.0	1
courageous	2.1	4.3	0.0	1
trusting	-2.0	0.0	4.1	1
security-seeking	1.9	3.8	0.0	1
introverted	1.7	3.0	0.0	1

Only in the birth chart — clear to you, missed by others

Plain in the birth moment and absent from the earlier one. Read this as other people's blind spot about YOU: parts of your make-up that others tend not to register, or quietly discount because they do not seem to fit. You can gently point at the ones that matter to you, but expect limited success — and try not to let something this obvious to you curdle into frustration when it is not obvious to anyone else. It is simply how you are put together.

Theme	Net	Affirming	Denying	Sources
articulate	7.6	29.1	0.0	2
decisive	5.6	15.8	0.0	2
sorrowful	5.0	12.6	0.0	2
escapist	4.4	9.7	0.0	2
effortless	3.1	9.5	0.0	1
central	2.6	6.6	0.0	1
boundary-less	2.5	6.3	0.0	1
inner-sourced	2.5	6.2	0.0	1
irresponsible	2.3	5.5	0.0	1
settled	-2.0	0.0	3.9	1
studious	1.8	3.2	0.0	1
self-critical	1.3	1.8	0.0	1
possessive	-1.0	1.6	2.1	2

Showing the largest shifts and the strongest single-chart themes: 103 themes appear in both charts, 13 only at birth and 14 only in the earlier chart.

How to read this comparison

- Both columns are the SAME calculation run on two different moments: your birth chart, and a chart for the moment the Sun sat 88° of arc earlier. Nothing is measured or tested — these are tallies of how much of the chart's symbolism points toward a theme.
- The percentage is the movement between them, measured from the 88°-earlier column: positive means the theme is stronger at birth than it was in the earlier chart, negative means it was stronger earlier. The list is ordered by the SIZE of that movement whichever way it runs, so the largest shifts in both directions stay at the top.
- AFFIRMING and DENYING are the evidence either way, kept apart on purpose: a theme with a lot of both is genuinely pulled in two directions, which a single net figure would hide. SOURCES counts how many different parts of the chart contributed, so a theme resting on one factor can be told from one resting on six.
- Expect the shared themes to carry the bigger numbers. Two charts' worth of evidence is stacked in them, so a theme that appears in only one column will usually score lower simply by arithmetic — that is not a sign it matters less, and there is nothing to worry about in a modest figure there. A notably HIGH number in a single-column list is the one worth dwelling on.

- This is a departure from the traditional approach, deliberately. The tradition reads the two moments as two halves of a portrait and stops there; we run the same trait calculation on each and compare them, because that is what having two moments makes possible and it is what our own vocabulary is built to answer.
- This is a mirror to test, not a finding. A theme in only one column is worth sitting with rather than swallowing whole — see what rings true over a few weeks, and let the rest go.

Where to read more

Each of these is a short, plain-English article on the site, free to read:

The Human Design tradition — and the embodied energy chart

<https://viastaro.com/learning/embodied-energy-chart>

What a birth chart actually is

<https://viastaro.com/learning/birth-chart>

The planets, and what each one governs

<https://viastaro.com/learning/the-planets>

The Ascendant, and why birth time matters

<https://viastaro.com/learning/the-ascendant>

The I Ching, and where the 64 gates come from

<https://viastaro.com/learning/what-is-the-i-ching>

Elements and modalities

<https://viastaro.com/learning/elements-and-modalities>